



READING SOCIAL PRESCRIBING SERVICE

DELIVERED BY

Reading Voluntary Action
in partnership with Age UK
Berkshire

ESTABLISHED

2015

FUNDED BY

Berkshire West CCG's
Partnership Development Fund

CONTACT

Want to find out more about how
Simply Connect can support you to
deliver a similar project?

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REFERRAL ROUTES

- All GP practices in Reading
- Royal Berkshire Hospital
(Occupational Therapists & Physiotherapists)
- Reading Borough Council Adult Social Care
- Talking Therapies.

AVAILABLE TO

Any patient registered at a GP practice in Reading,
prioritising those who:

- Feel socially isolated / looking for social engagement
- Wish to improve physical health
- Lack self confidence
- Need to access practical support and information.

DELIVERY MODEL

1. GP refers patient to Social Prescribing Service
2. Social Prescribing team contacts patient
3. First appointment to understand patient's health and wellbeing goals, recorded in Simply Connect database
4. Client support includes signposting, in-depth support and social prescribing plus (3-6 month)
4. Completes wellbeing assessment
6. Ongoing contact with Social Prescribing team, all recorded in Simply Connect database
7. Follow-up appointment with Social Prescribing team to review progress